



IHS-Visiting Professor Programme

Report from Dr Srdjan Sretenović Belgrade, Serbia, 30 May 2014

On 30 May 2014, Belgrade hosted a gathering organized by the International Headache Society - IHS, its IHS Visiting Professors programme and the Headache and Migraine Centre.

The gathering was entitled "Advanced headache perspectives" (Savremena stremljenja u glavoboljama). The Serbian Headache Society and the Serbian Migraine Association as well took part in the organization of this event. The visiting professor from the IHS was **prof. dr Cristina Tassorelli** of the Mondini Institute, University of Pavia, Italy. Prof. dr Tassorelli is one of the eminent and distinguished doctors and scientists in the field of headaches, who is successfully engaged in both clinical and experimental scientific research. In addition to her, another ten eminent lecturers, neurologists from Serbia, from various headache centers within different institutions: Clinical and Hospital Centre Zvezdara, Clinical Centre of Serbia, Clinical Centre of Vojvodina and the Institute for Mental Health in Belgrade, took part in the gathering. The audience consisted of neurology specialists, who were especially interested in headaches, and there were 56 participants in the gathering in total.

The participants were welcomed by the local organizer and director of this event, **dr Srdjan Sretenovic**, the director and founder of the Centre for Headache and Migraine - "Migraine Centre" in Belgrade, who introduced the audience to the IHS mission and the IHS Visiting Professor project and also to the visiting professor herself, Dr Tassorelli. This was followed by numerous lectures and case studies of, primarily, educational and practical content.

The first lecture was given by *prof. dr Cristina Tassorelli*. The topic of her lecture was headaches caused by an Medication Overused Headache (MOH). In her lecture, she analyzed in detail the etiology as well as pathogenesis, and the latest specific therapeutic procedures, which caused special attention of the audience, considering the complexity of such a form of chronic headaches. After that, *prof. dr Jasna Zidverc* opened a topic of rare primary headaches triggered by physical effort: coughing, exercise, sex or a lightning strike, enriching her interesting lecture with a few practical examples of her patients' cases. *Prof. dr Svetlana Simic* as well gave an interesting lecture, on a clinically and therapeutically "delicate" field of headaches in women, with special emphasis on a specific therapeutic procedure concerning headaches in pregnancy. Further, *prof. dr Aleksandar Kopitovic* gave a lecture on a supposed mechanism of acupuncture effects in headache treatment, while *dr Aleksandra Radojic* gave a lecture on Raeder's Paratrigeminal Syndrome - an old eponym in the new classification of headaches. In a lecture on secondary headaches, *dr Srdjan Ljubisavljevic* laid emphasis on an interesting case of headache from his own practice, the patient suffering from segmental cerebral vasospasm. In another interesting lecture of hers, *dr Cristina Tassorelli* showed, on the basis of the results of numerous multicentre studies and experience from clinical practice, how important it is to use a headache diary in the creation of an adequate therapeutic procedure, especially in the case of patients suffering from chronic headache forms. In the last lecture of the plenary part of the gathering, *dr Srdjan Sretenovic* acquainted the audience with the needs and strategy of the organization of a national health service in the sphere of headaches and with the organizational structure of modern headache centers, showing the structure of the center in which he is employed. After a lunch break, our distinguished colleagues, *dr Aleksandar Stanic*, *dr Mirjana Jovanovic*, *dr Ana*

Podgorac, dr Aleksandra Mitrovic and dr Nikola Veselinovic showed a series of cases of interesting forms of primary and secondary headaches, with numerous diagnostic and therapeutic dilemmas, which was accompanied by an active participation of the audience continuing into the discussion segment.

The all-day gathering ended in a good atmosphere and the participation of the International Headache Society with their eminent visiting professor was accepted both by the audience and by the local neurologists oriented towards the headache sphere as an excellent way of globalizing and standardizing high-quality education in this segment of neurology.



Prof Dr Cristina Tassorelli



Dr Srdjan Sretenovic



Presenters and Audience



Audience